

HAMDEN

adult education



Winter/Spring 2012

www.hamdenadulthood.org

203.407.2028

Find your class at:

www.hamdenadulted.org

Bookmark Us! hamdenadulted.org has the latest information on classes.

Hamden Adult Education

Hamden High School
2040 Dixwell Avenue
Hamden, CT 06514
203.407.2028 f 203.407.2056
email: info@hamdenadulted.org

Monday - Friday, 8:00 am - 3:30 pm
Monday-Thursday evenings, 6:30 pm-9:00 pm

LuAnn Gallicchio, Director admin@hamdenadulted.org
Violet Plano
Michelle Hurst

SEARCHING FOR TALENT

We're always looking for great course ideas and instructors

Of particular interest are instructors for:
Chinese, American Sign, French, German, Urdu and Farsi Languages;
Creative Arts; Social Networking; Multi-Cultural Cooking, Crafts & Hobbies, Stained Glass and Specialty Cooking.

Hamden is fortunate to have a wealth of talented citizens. Persons with specialized skills and interests are invited to share their talents with the community. If you are interested in joining our staff, please contact:

LuAnn Gallicchio, Director
Hamden Adult Education
203.407.2028
203.407.2056 (FAX)
lgallicchio@hamden.org

Questions?

Email your question to us at info@hamdenadulted.org

Table of Contents Enrichment Courses

Arts & Crafts	3
Bus Trips	16,17
Career Center	26
College Planning	26
Computers	10
Cooking	4
CPR/Safety	14
Cultural Enrichment	15
Dance	5
Family	27 & 28
Finance	13
Fitness	11,12
Health	9
Home	9
Languages	6
Literacy	27
Music	8
Online Learning	19,20,21
Real Estate	9
SAT Prep	25
Senior Offerings	18
Teenage Driver Education	25
Visual/Writing	7

Adult Education & Mandated Programs

Adult Basic Ed.	22
Adult High School	24
Citizenship	22
ESOL	23
External Diploma Program	22
Gateway Community College	26
GED Information	22,24
Keefe Learning Lab	22,23
Hamden Public Library	28
Hamden Town Services	28
Location of Classes	31
Registration Information ...	29, 30

ARTS & CRAFTS

Ceramic Workshop for Adult & Child

#1917

Enjoy a fun night out with your child and experience the satisfaction of completing a beautiful ceramic piece of your choice. **One child per adult.** Supplies included in fee. Workshops held at Diane's Ceramic Studio, 21 Crestway, Hamden.

D. Manguilli Diane's Ceramic Studio
 Mon., 6-7:30 pm #1917 A; Feb 6
 Mon., 6-7:30 pm #1917 B; March 12
 Mon., 6-7:30 pm #1917 C; April 2
 \$25/adult w/child 1 session



Sewing 101 Intermediate #1919

In Sewing i 101 for beginners we learned that it is economically smart to repair your garments yourself. Now it is time to use those economically smart techniques to make that skirt, blouse or pants you so deserve. In intermediate sewing we will learn how to insert a zipper, make those expensive pants, and make that blouse or shirt you have been eyeing in the window. Please bring your own portable sewing machine and extension cord to each class. A list of supplies will be distributed at the first class.

B. McLain HHS rm B106
 Thurs., 6:15-8:15 pm Feb 2 10 wks
 Resident \$90 Non-resident \$95

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 are SMOKE FREE
 Board Policy P0-1331 adopted
 11/12/97

Crochet: All Levels #1920

As a beginner you will learn the skills needed to crochet an afghan. Learn about hooks, gauge, yarns and the basic stitches. The more advanced students will improve their skills in reading patterns, gauge, resizing and more difficult but beautiful stitches. Once you have mastered the basic techniques, you will all be able to create a variety of stitches making various beautiful patterns. Bring size H crochet hook to class.

S. Tendler HHS rm B105
 Mon., 6:30-8:30 pm Jan 30 10 wks
 Resident \$85 Non-resident \$90

Flower Arranging #1913

Join Karen for classes at her shop located at 2648 Whitney Avenue. Each week you will design a different shaped arrangement of fresh flowers to take home for your enjoyment. A pair of clippers will be necessary and a fee of \$12-\$16 weekly will be required to cover the cost of materials.

K. Wawock 10 wks Whitney Flowers
 Tues., 7-8:30 pm #1913 A; Feb 21
 Wed., 9-10:30 am #1913 B; Feb 22
 Wed., 1-2:30 pm #1913 C; Feb 22
 Resident \$85 Non-resident \$90

Color Your World with Watercolor #1817

Submerge your creative self in exploring the many possibilities that can happen, handling brush, paper and paint. Learn how to control watercolor and create exciting paintings. The first night will be a demo class and a list of supplies will be provided. One evening we will have a visit by a Chinese Brush painter. Matty Dagradi, Pratt graduate, studied under Frank Webb, Milford Zornes and Roberta Carter Clark.

M. Dagradi HHS rm B106
 Mon., 6:30-8:30 pm Jan 30 8 wks
 Resident \$80 Non-resident \$85



Bookworm & Beads #1914

Combine your love of books and beading. We will begin by making a freshwater pearl bookmark. While discussing our favorite books, we will continue making a unique jewelry set (one reading glass holder, bracelet and earrings). We will be using glass beads, freshwater pearls and semiprecious stones to make our creations. This class covers design fundamentals, construction and finishing techniques. A \$25 materials fee is payable to instructor at the first class.

E. Neuber HHS rm B105
 Thurs., 6:15-8:15 pm Feb 2 3 wks
 Resident \$45 Non-resident \$50

Knitting Circle #1918



Beginning and intermediate knitters welcome. Complete a project for your home, your family, or yourself. Great for

stress reduction and meeting new friends. Intermediate knitters may bring a project, necessary yarn and needles. New knitters bring a light, solid color skein of worsted weight yarn and a pair of short straight needles either size 7, 8 or 9.

E. Salinger 7 wks HHS rm B103
 Thurs., 6:45-8:45 pm #1918 A; Feb 2
 Thurs., 6:45-8:45 pm #1918 B; March 29
 Resident \$90 Non-resident \$95

Creative Scrapbooking & Organizing Your Photos #1910

The hard part is organizing all your photos. The fun part is getting those photos into scrapbook albums. You will learn how to organize your photos, use speed tools to crop your pictures and create basic layout and design techniques. A \$10 materials fee is payable to instructor at the first class. A variety of scrapbooking supplies will be available from the instructor.

N. Hornyak HHS rm B106
 Tues., 6:30-9 pm March 6 4 wks
 Resident \$52 Non-resident \$57

COOKING

Cake Decorating Beginning #0617

Create your own fancy professional looking cakes. Learn to make flowers, borders and many other beautiful items with frosting. Supply list available at first class.

C. Turner HHS rm D107
Thurs., 7-9 pm March 1 6 wks
Resident \$ 70 Non-resident \$ 75

Cupcake Decorating for Adult & Child #0610

Have a fun night out and pick up some cupcake decorating tips from a professional. All ingredients are peanut free and the frosting is gluten free. **Grade 3 and up please. Maximum of two children per adult.** Supplies included in fee.

C. Turner HHS rm D107
Thurs., 6:30-8:30 pm Feb 9
\$ 25/adult with child(ren) 1 session

NEW

Beginners In the Kitchen #0603

Are you clueless in the kitchen?

Do you want to learn the basic techniques to broil, bake, and saute your favorite foods? This class will help you feel confident in the kitchen. Learn to shop for healthy and fresh meats and produce. Prepare tasty foods under the guidance of experienced and certified chefs. After learning the basics, the final class will have a student prepared feast. Consumable fee of \$ 30 payable to instructor at first class.

G. Najamy & E. Najamy HHS rm D107
Mon., 6:30-9 pm Jan 30 4 wks
Resident \$ 52 Non-resident \$ 57

Not So Sweet Treats #0605

Are you a dessert person but really should step away from the sugar? Learn how to prepare a wide arrangement of healthy desserts where everyone will find something they can enjoy. Consumable fee of \$ 15 payable to instructor.

A. Webb HHS rm D107
Mon., 6:30-9 pm May 21 1 session
Resident \$ 32 Non-resident \$ 37

The Passion of Italian Cooking I #0606

Let's face it, everyone loves Italian food! This class will enhance the passion that goes into this style of cooking while using fresh ingredients to create wonderful flavors. The course will include classes on sauces, antipasti, pastas, meat, poultry and seafood, side dishes and desserts. The instructor is celebrated Italian Chef Anthony Romano who brings to the table his own passion for old world family style Italian cuisine. Consumable fee of \$ 50 payable to instructor at first class. Bring a covered container to bring food home.

A. Romano HHS rm D107
Tues., 6:30-9 pm Jan 31 8 wks
Resident \$ 78 Non-resident \$ 83

The Passion of Italian Cooking II #0608

This advanced class will enhance the passion of true Italian cooking using fresh top quality ingredients. It will include classes on risottos, advanced pastas, assorted chicken and seafood entrees. Also planned is a class on preparing holiday menus. The instructor, Anthony Romano, will bring to the table his own passion for old world family style Italian cuisine. Consumable fee of \$ 50 payable at first class. Bring a covered container to bring food home.

A. Romano HHS rm D107
Tues., 6:30-9 pm April 10 6 wks
Resident \$ 68 Non-resident \$ 73

NEW

Appetizers Galore #0604

Appetizers are everyone's favorite part of dinner. Since they are served first, they can either make or break your food experience. This is a hands-on food experience that will have you cooking hot and cold appetizers for any occasion. Next thing you know you can be your own party host. Consumable fee of \$ 15 payable to instructor.

A. Webb HHS rm D107
Wed., 6:30-9 pm Feb 29 1 session
Resident \$ 32 Non-resident \$ 37

NEW

Vegetarian Cooking 101 #0614

Are you interested in learning how to prepare delicious vegetarian cuisine, or how to add fresh ideas to your vegetarian meals? Each week we will prepare dishes based on each of the individual food groups: grains, greens, beans, protein alternatives, sea vegetables and sweet vegetables. Everyone gets to enjoy the prepared dishes. A \$ 50 materials fee payable to the instructor at first class.

P. Carney HHS rm D107
Mon., 6:30-8:30 pm March 5 6 wks
Resident \$ 64 Non-resident \$ 69

Yeast Breads, Easy Does It! #0615

Bake and take home your own baked goods each week. Conquer your fear of yeast with gooey cinnamon sticky buns, fresh herb Focaccia, sourdough pretzels, Italian polenta bread studded with pine nuts, Russian potato bread and a festive cranberry-nut braid. Bring your apron, if desired, and enjoy a tasty night out each week! Consumable fee of \$ 25 payable to instructor at first class.

L. McCullough HHS rm D107
Wed., 6:30-9 pm March 7 6 wks
Resident \$ 68 Non-resident \$ 73

NEW

Simple Pleasures of the Palate #0607

In this class you will learn how to prepare simple meals like stir fry veggies, collard greens, fried chicken, homemade cornbread and pork skins using fresh ingredients and seasonings. We will also make Airy Cake and Fried Cheesecake. So come on out and enjoy some of my pleasures in food and indulge your palate in a array of flavors. Consumable fee of \$ 50 payable to instructor at first class.

L. Jackson HHS rm D107
Wed., 6:30-9 pm April 25 4 wks
Resident \$ 52 Non-resident \$ 57

All adult education fees must be paid by check, credit card or money order.

DANCE

Introduction to Ballroom Dance #1701

Learn the basic steps of the four most popular ballroom dances. Get up, dance and have fun with the Cha-cha, Foxtrot, Rumba and Swing. Partners not required but comfortable shoes are a must. Each student will receive at no additional charge their own CD of the music for all four dances.

F. Costa HHS Cafeteria
Mon., 7:30-9 pm March 5 4 wks
Resident \$60 Non-resident \$65

Hula Dance #1707

NEW Aloha! Want to learn the hula? Come join me for an island adventure that will exercise almost every part of your body as you sway to the music of the Polynesian Islands. You will learn the culture and history of the islands as you master the basic steps of the dance which will culminate in learning the hula. The hula is a rigorous, aerobic art form that brings relaxation and calmness to the mind, body and spirit.

K. Colello HHS C109
Wed., 6:30-8 pm Feb 29 8 wks
Resident \$75 Non-resident \$80

Latin Mix #1706

Join the fun by learning the three most popular dances from the Dominican Republic. These dances are basic and easy to learn, yet very rhythmic. Move your body to the unique flavor and rhythm of the Merengue and the popular "Suavements". Next learn the Bachata, the most recent Latin dance to make its way to the Northeast. Come and have an unforgettable experience. Partners encouraged but not necessary.

F. Ramirez 5 wks HHS Cafeteria
Tues., 8-9 pm #1706 A; Jan 31
Tues., 8-9 pm #1706 B; March 13
Resident \$80 Non-resident \$85

Seniors 62 and older are entitled to a 20% discount on all courses except single session classes and bus trips.

Middle Eastern (Belly) Dance #1704

Learn the basics of Middle Eastern dance, how to improvise to your favorite song, have fun, firm your body, and make new friends. Explore many different Middle Eastern dance styles using veils and cane; a sensual style of floor work will be introduced. Please bring a scarf to wrap around the hips.

Jenny (Malikah) HHS rm C109
Mon., 7-8 pm Jan 30 8 wks
Resident \$73 Non-resident \$78

*FREE One Hour Intro-Swing Dance Class K. Reilly #1700

Anyone (singles or couples welcome) wanting to learn 3 basic steps to Swing Dance may attend this free 1 hour class. Limited to 30 people...sign up early.
Thurs., 7:30-8:30 pm Feb 2 HHS Cafeteria

Swing Dance Beginners #1702

No partner necessary as you learn to dance the night away. Be a part of the Big Band dance comeback. Learn the basic steps: triple count, Jitterbug, underarm turn, cuddle and more. Low heeled, leather soled shoes or sneakers preferred.

K. Reilly HHS Cafeteria
Thurs., 7:30-8:30 pm Feb 9 4 wks
Resident \$50 Non-resident \$55

Swing Dance Intermediate #1703

Prerequisite: Swing Dance Beg. Start with a 30 minute review of beginner steps. New steps include: Basic Charleston, 8 Count, "Lindy", Sugar Push, the Mooch and the Shoulder Slide with supplemental steps.

K. Reilly HHS Cafeteria
Thurs., 7:30-8:30 pm March 22 4 wks
Resident \$50 Non-resident \$55

Salsa #1705

Learn to move to the Latin beat from the region's most popular salsa instructor. Have FUN, make new friends and get a workout while learning to dance salsa. Whether you know nothing about salsa or you are already dancing salsa but would like to improve or expand your skills, this class is for you. Learn the basic steps, some free-style moves and the fundamentals for a variety of turns. No partner necessary.

F. Ramirez 5 wks HHS Cafeteria
Tues., 7-8 pm #1705 A; Jan 31
Tues., 7-8 pm #1705 B; March 13
Resident \$80 Non-resident \$85

Zumba Dance Fitness #2412

Looking for a fun yet simple workout that's guaranteed to burn fat and calories? It is the latest fitness craze to hit America and the World. Utilizing a combination of Latin Rhythms, Hip-Hop, Ballroom and other dance styles, you will find yourself losing weight and toning your body. Get ready to laugh and have the time of your life! Ditch the workout...and join the PARTY! Bring bottled water. **Senior discount not applicable.**

D. Stanton-Holmes HHS Cafeteria
Wed., 6:15 7:15 pm 8 wks #2412A; Feb 1
Resident \$90 Non-resident \$95

Mon., 6:30-7:30 pm 6 wks #2412B; Apr 2
Resident \$70 Non-resident \$75

Stephanie P. said, "Great fun. Instructor is very enthusiastic and makes exercising a good time. Can't wait for the next class. So glad I took a chance and signed up for it!"



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11/12/97

LANGUAGES

Introduction to Arabic #1607

You will learn to read, write and speak Arabic by becoming familiar with the alphabet and sounds of the letters. You will then be able to sound out Arabic words by reading Arabic letters. Soon you will learn common and useful words and phrases. Please bring a notebook and folder for copies. No textbook is required.

M. Ennejjar HHS rm D214
 Thur., 7-9 pm Feb 2 10 wks
 Resident \$90 Non-resident \$95

Italian Beginners #1608

Everyday Italian taught with an eye for the tourist with a quick study of grammar and Italian lifestyles, customs and geography. Textbook not included.

D. Ditomasso HHS rm D213
 Wed., 6:15-7:45 pm Feb 1 10 wks
 Resident \$85 Non-resident \$90

Italian Spoken II #1601

More fun and conversation in a continuation of Italian I. Textbook not included.

D. Ditomasso HHS rm D213
 Wed., 7:45-9:15 pm Feb 1 10 wks
 Resident \$85 Non-resident \$90

Spanish Beginners #1610

Are you interested in speaking Spanish? Emphasis is placed on learning through conversation, useful workplace and travel expressions and basic grammar. Textbook not included.

C. Cortes HHS rm D213
 Tues., 6:30-8:30 pm Jan 31 8 wks
 Resident \$80 Non-resident \$85



Explore the three routes to earn a high school diploma

ADULT HIGH SCHOOL

STUDENTS MUST EARN A TOTAL OF 22 CREDITS

Adults who did not complete their high school education have the opportunity to earn a high school diploma. Classes are offered in English, Math, Social Studies, and Science on Monday - Thursday evenings. Additional credits may be earned for work experience and through SDE online courses.

EXTERNAL DIPLOMA PROGRAM

This is an alternate route to earning a high school diploma. Students are expected to demonstrate a number of life skills through several tasks. Each candidate must also demonstrate an Individual skill in an occupational, academic or specialized area.

Free to students who live or work in Hamden, North Haven, Bethany, Orange and Woodbridge, All other individuals are welcome and should call for fee schedule.

GED EXAM

High School Equivalency Diploma

The GED exam is offered monthly at Hamden High School. It consists of tests in the following areas: language arts/writing, language arts/reading, math, science and social studies.

Any Connecticut resident who does not have a high school diploma, is at least 17 years old and has formally been withdrawn from school for six months or their high school class has graduated is eligible.

See pages 22 & 24 for complete details.

What You Should Do Now...



Please spend a few minutes with this brochure.



Choose the course most appropriate to your likes, hobbies or needs.



A registration form is on page 30 and registration information on page 29. You can register by fax, phone, or online www.hamdenadulthood.org.

We also take walk in registrations.



Questions, we're always glad to talk to you. Call 203.407.2028



Register Early

Nothing cancels a good class quicker than everyone waiting until the last minute to register. If there are not enough registrations by the week before the class, it may be cancelled. So please register early!

VISUAL/WRITING

Basic Photo for Beginners #1809

This class is designed for beginners in photography. We will explore the basic principles of the art of photography. We will study shutter speeds, f/stops, (aperture), lighting, flash, filters, depth of field, and more. These photo sessions will help you enhance your pictures, improve your composition, and make picture taking more rewarding. All you need is a camera (film or digital) and desire.

J. Kasarauskas HHS rm B105
 Tues., 7-9 pm Jan 31 6 wks
 Resident \$ 67 Non-resident \$ 72

How to Use Your New Digital Camera for Beginners #1818

This class will teach you how to use all the features of your new digital camera. Topics to be explained include resolution, white balance, file formats and compression, optical versus digital zoom, various picture modes and manual controls, etc. After you've taken the photo and transferred it to your computer, you'll learn how to store and catalog it so that you can find it again. Compare the various output choices such as prints or digital slide shows, do them yourself or have them done for you. Use of the Internet and e-mail will be discussed. Learn camera composition to improve your photos regardless of your camera type. A demo of the digital darkroom using Photoshop Elements will be presented. Please bring your camera and user manual.

M. Bowen HHS rm D210
 Mon., 6:30-8:30 pm March 5 4 wks
 Resident \$ 60 Non-resident \$ 65



Enhance Photos with Photoshop Elements Fundamentals #1806

Now that you have a digital camera, what do you do with all those pictures? Learn how to organize all those files with Photoshop Elements. Included are subjects like color correction, resizing photo files, changing resolution, fixing "red eye", opening closed eyes, creating slide shows, greeting cards, sending photos by email, etc. Owning the program is not necessary. Knowledge of how to use a personal computer is required. This class will be taught on Adobe PhotoShop Elements Version 9.

M. Bowen Keefe Community Ctr.
 Mon., 6:30-8:30 pm April 2 4 wks
 Resident \$ 60 Non-resident \$ 65

SEARCHING FOR TALENT

Hamden Adult Education is continually striving to offer courses of interest to the community. We are also looking for people to teach these courses.

Hamden is fortunate to have a wealth of talented citizens. Persons with specialized skills and interests are invited to share their talents with the community. If you are interested in joining our staff, please contact:

LuAnn Gallicchio, Director
 Hamden Adult Education
 203.407.2028
 203.407.2056 (FAX)
 lgallicchio@hamden.org



Math Review - Make It All Add Up #1106

Do you want to review math facts and more? Does the word Algebra make you nervous? Have no fear, we can make you comfortable with math once again. This class is designed for individuals who have some basic knowledge of math, but whose skills have become rusty. We all rely on calculators and even our cell phones to do everything from addition to figuring out a tip at a restaurant. You need to reinforce your natural knowledge and skills to solve problems. This class will help you strengthen what you know, and teach you what you don't.

K. Johns HHS rm A114
 Tues., 6:30-8:30 pm Jan 31 8 wks
 Resident \$ 72 Non-resident \$ 77



Write Right #1108

Do you want to improve your writing skills? Are you having trouble composing even short paragraphs? Are you afraid and unsure how to begin? This is the class for you. We will review grammar, sentence structure, and short paragraphs. For the adventurous participant, we may get into writing short stories. There is a writer inside you, trying to get out. We will give you the key to open the door to more confident and correct writing skills. You will be surprised at the outcome.

G. Gajdoski HHS rm D211
 Tues., 7-9 pm Jan 31 8 wks
 Resident \$ 72 Non-resident \$ 77



MUSIC

NEW

Ukulele for Beginners #1924

Want to play a really fun, non-intimidating musical instrument?

Try Ukulele? It is easy to learn and is the perfect accompaniment to singing. This class is for the absolute beginner and will cover basic chords and strums. The book is \$ 14.95 payable to the instructor at the first class. Bring your own ukulele or one will be available for purchase (starting at \$39.95). **Senior fee not applicable.**

G. Raccio All Things Musical
Wed., 8-9 pm March 21 6 wks
Resident \$ 70 Non-resident \$ 75

Guitar for Beginners #1932

If you have always wanted to play guitar but never found the time, here is an easy way to get started. Learn the basics of how to play the guitar, finding musical notes, basic chords, reading music, and left and right hand technique. Bring your own guitar or one will be available for rental. Book fee \$ 10.95 payable first class. **Senior fee not applicable.**

G. Raccio All Things Musical
Wed., 8-9 pm Feb 1 6 wks
Resident \$ 70 Non-resident \$ 75



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Just ONCE Piano for Busy People -

Online Webinar #1916

Some music teachers may not want you to know this, but you don't need years of weekly lessons to learn piano. In just a few hours you can learn enough secrets of the trade to give you years of musical enjoyment. How do we do it? While regular piano teachers teach note reading, piano professionals use chords. You can learn all the chords you will need to play any song in this one session. Any song. Any style. Any key.

This is a **VIRTUAL CLASSROOM**. Take the Just Once Piano Class **JUST LIKE YOU ARE SITTING IN A CLASSROOM WITH YOUR INSTRUCTOR.**

You see and hear him, he sees and hears you LIVE and you can ask all the questions you like.

You get to do all this while sitting at home at your piano! All you need to take this class is a computer, a webcam, a microphone, a high speed internet connection and a piano or keyboard.

Students will need to log on at 7:00 pm EDT on 2/19/2012. Fee includes a workbook and practice CD. Topics include:

- * How chords work in a song
- *How to get more out of sheet music by reading less of it
- * How to form the three main types of chords
- *How to handle different keys and time signatures
- * How to avoid "counting"
- * How to simplify over 12,000 complex chords

As seen on the PBS television program -
"Piano in a Flash!"

Resident \$ 69 7-10 pm Non-resident \$ 74

Seniors 62 and older are entitled to a 20% discount on all courses except single session classes and bus trips.

Watch for our Fall 2012 Bus Trips

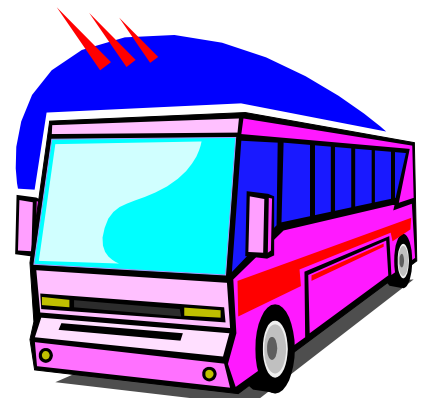
WATERFIRE Providence, RI (date tba)

Visit the Federal Hill section of Providence for a delicious lunch.

Then off to WATERFIRE, an award winning fire sculpture which features 100 bonfires blazing on the surface of 3 rivers.

Christmas in Newport (date tba)

Magnificently decorated mansions, The Breakers and The Marble House, with audio guides. Lunch at LaForge Restaurant



HEALTH/HOME/REAL ESTATE

Back Pain Education #1130

You will understand how postural misalignment, habit and daily stress contribute to back trouble. Find ways to rest; learn to use your back as intended in all activities and use your whole body with new insight. We will explore how to sit, stand and sleep better. Wear comfortable clothing and bring the pillow you use for sleeping. M. Hauser-Wagner teaches the Alexander Technique in Cheshire and is certified by the American Society for the Alexander Technique.

M. Hauser-Wagner HHS rm D109
Thurs., 6:30-8:30 pm April 26 2 wks
Resident \$ 40 Non-resident \$ 45

Reiki II #2413

Prerequisite: Reiki I Certification. This degree of Reiki introduces the student to a deeper level of healing through a second degree attunement. Four symbols will be introduced to the student. Comfortable clothing is recommended.

D. Bana 2 sessions HHS rm D208
M & T, 6:30-8:30 pm March 12 & 13
Resident \$ 90 Non-resident \$ 95

Register Early

Nothing cancels a good class quicker than everyone waiting until the last minute to register. If there are not enough registrations by the week before the class, it may be cancelled. So please register early!

Make Your Own Cleaning Supplies #1906

Together we will discuss some great recipes to use for cleaning our homes. Then we will make some recipes, which will include a glass cleaner, an all-purpose cleaner, soap, and a sachet. We will find out where to get the necessary items at a good price and how all our efforts will create a healthier home and outdoor environment. Materials fee of \$ 10 payable to instructor.

A. Rivers HHS rm D107
Thurs., 7-9 pm Feb 2 1 session
Resident \$ 27 Non-resident \$ 32

Replacement Window Workshop - Find Out How It's Done And Save #1911

Want to save on your heat and A/C bills and take advantage of any incentive programs available, but don't know where to start? What is right for your home? Low-E, Argon, Triple Pane, Wood, Vinyl, Fiberglass and what about lead paint.....confused?? Don't be. This workshop will address these questions and show you how windows are replaced. This is a must course for anyone thinking about having windows replaced or replacing windows themselves. Instructor is a Master Carpenter with over 30 years experience.

P. O'Doherty HHS rm A112
Thurs., 7-9 pm March 15 1 session
Resident \$ 27 Non-resident \$ 32

Carol G. said, "It was very well presented and I learned a great deal about my particular problem!"

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Homebuyer's Workshop #0709

Understand the three main phases of buying a home. A licensed real estate salesman will discuss all aspects involved in purchasing a home, making an offer, documents involved, and various inspections. A licensed mortgage broker will discuss the various mortgage financing programs available, the different down payment options, the pre-approval process, and the credit evaluation. To conclude, a real estate attorney will discuss his role in representing the purchaser of a home - from the review of the "Contract For Sale" through the closing documents.

B. DePodesta
T. Brandi, P. Frazier HHS rm D210
Tues., 6:30-8:30 pm March 13 1 session
Resident \$ 22 Non-resident \$ 27



Understanding the Process of Remodeling Your Home #1909

This class is geared towards anyone considering a home addition or renovation project. There are several strategies to ensure your project is completed in a timely and economical manner. Topics covered will include choosing a contractor, designing the project, defining the scope of work and budget, as well as structuring contractual relationships.

K. Ahern HHS rm D104
Tues., 6:30-8:30 pm March 6 1 session
Resident \$ 68 Non-resident \$ 73



COMPUTERS

Computer Keyboarding #0310

Are you tired of typing with one or two fingers? It's time to learn how to type correctly. The hunt and peck method is not good enough for today's dependence on computers. Emphasis will be placed on learning and using proper keyboarding techniques/ergonomics, learning to type without looking at the keyboard, and using the proper finger for each key which is called the "touch method".

L. Hatton HHS rm C203
Tues., 6-8 pm Jan 31 8 wks
Resident \$ 72 Non-resident \$ 77

Excel I 2003 #0312

Microsoft Excel is a spreadsheet software program that comes in handy for personal or business use. Learn how to navigate through a spreadsheet, use functions, create formulas, sort/filter, create graphs, etc. Prerequisite: type at a reasonable speed and have basic computer skills.

M. Hatton HHS rm C203
Thurs., 6-8 pm Feb 2 6 wks
Resident \$ 90 Non-resident \$ 95

Microsoft PowerPoint 2003 #0325

Microsoft PowerPoint is a fun and easy way to use presentation software. You will learn how to create simple and elaborate presentations, use design templates, create slide transitions, text entrances/exits/emphasis, add sound, add timings and animated graphics, and lots more! Prerequisite: able to type at a reasonable speed and have basic computer skills.

M. Hatton HHS rm C203
Thurs., 6-8 pm March 29 6 wks
Resident \$ 85 Non-resident \$ 90

Seniors 62 and older are entitled to a 20% discount on all courses except single session classes and bus trips.

Microsoft Word 2010 Beg #0304

Learn the basics of word processing using Microsoft Word. Topics include document creation, editing, text formatting, copying, moving and creating letters and documents. You should be a proficient typist.

W. Coley 6 wks MLK Community Ctr.
Wed., 4:30-6:30 pm #0303 A; Feb 1
Wed., 7-9 pm #0303 B; Feb 1
Resident \$ 85 Non-resident \$ 90

Microsoft Word 2010 Adv #0307

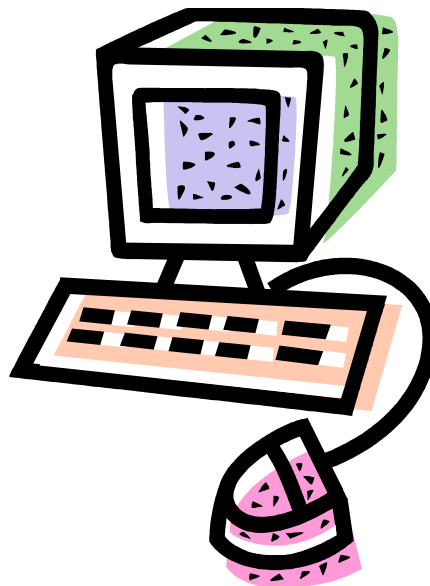
You will cover the more advanced features of Microsoft Word 2010 including tables, columns and mail merge. Knowledge of all Word Beginner features required.

W. Coley 6 wks MLK Community Ctr.
Wed., 4:30-6:30 pm #0307 A; March 28
Wed., 7-9 pm #0307 B; March 28
Resident \$ 85 Non-resident \$ 90

Microsoft Word 2003 Beg #0303

Learn the basics of word processing using Microsoft Word. Topics include document creation, editing, text formatting, copying, moving and creating letters and documents. You should be a proficient typist.

M. Corcoran HHS rm D302
Mon., 7-9 pm March 26 6 wks
Resident \$ 85 Non-resident \$ 90



Intro to Personal Computers #0326

Learn the basics of a personal computer using the Microsoft Windows XP operating system. Learn to use Windows for various functions, such as copying, creating, and deleting files. The course will cover the basic makeup of the computer and other information needed to buy your "first computer". You will receive a brief introduction to the various components of Microsoft Office, including Word and Excel, to determine which courses would be of interest.

M. Corcoran 6 wks HHS rm D302
Mon., 4:30-6:30 pm #0326 A; Jan 30
Mon., 7-9 pm #0326 B; Jan 30
Mon., 4:30-6:30 pm #0326 C; March 26
Resident \$ 75 Non-resident \$ 80

SEARCHING FOR TALENT

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Hamden is fortunate to have a wealth of talented citizens. Persons with specialized skills and interests are invited to share their talents with the community. If you are interested in joining our staff, please contact:

LuAnn Gallicchio, Director
Hamden Adult Education
203.407.2028
203.407.2056 (FAX)
lgallicchio@hamden.org

All adult education fees must be paid by check, credit card or money order.

FITNESS

Boot Camp #2403

A combination of cardio and strength training to challenge your physical limits. Our drill instructor will utilize studio equipment to increase your cardiovascular fitness and create a leaner, meaner, stronger you.

Staff Elite Fitness
Thurs., 6:05 pm Feb 2 16 wks
Resident \$ 80 Non-resident \$ 85

Forever Fit - Cardio/Strength #2401

A basic low impact aerobics class including flexibility and strength training.

Staff 16 sessions Elite Fitness
M,W,F., 8:30 am #2401 A; Jan 30
Tues. & Thurs., 9 am #2401 B; Jan 31
Resident \$ 80 Non-resident \$ 85

Can't Resist #2408

A group strength training class utilizing dumbbells, medicine balls, resistance bands and barbells to tone and speed up metabolism.

Staff Elite Fitness
Tues., 6:05 pm Jan 31 16 wks
Resident \$ 80 Non-resident \$ 85

Mat Pilates #2409

Class focuses on core stability, balance and flexibility using a combination of standing and mat based poses. Previous Pilates experience recommended. Yoga mat required.

Staff 16 sessions Elite Fitness
Tues. & Thurs., 10 am Jan 31
Resident \$ 80 Non-resident \$ 85

Senior Fit #2406

Chair supported exercise class including muscle strengthening and cardio conditioning through basic and safe movements.

Staff 16 sessions Elite Fitness
M,W,F., 10:30 am Jan 30
Resident \$ 80 Non-resident \$ 85

Spinning #2404

Using an indoor cycle as your tool, have the ride of your life, gaining cardiovascular strength, endurance and stamina!

Staff 16 sessions Elite Fitness
Tues. & Thurs., 5:50 am #2404 A; Jan 31
Tues. & Thurs., 6 pm #2404 B; Jan 31
Sun., 8 am #2404 B; Feb 5
Resident \$ 80 Non-resident \$ 85

Gym Membership #2418

Full use of the fitness facility including cardio equipment, free weights, cable equipment, basketball court and sauna. A trainer will set you up on a basic workout program to get you started.

Staff Elite Fitness
Three months Unlimited Use
Resident \$ 80 Non-resident \$ 85

Yoga Flow #2414

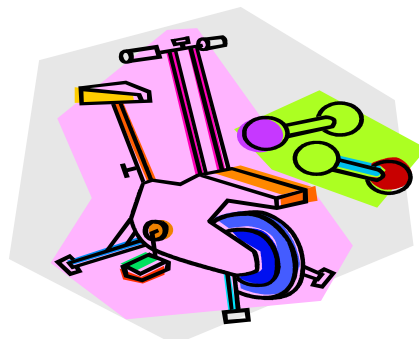
Multi level class which transitions from one yoga posture to the next to increase muscular strength and flexibility. Previous yoga experience required. Bring a yoga mat.

Staff 16 sessions Elite Fitness
Mon., 7:05 pm #2414 A; Jan 30
Sun., 10:15 am #2414 B; Feb 5
Resident \$ 80 Non-resident \$ 85

Zumba #2423

This latest craze mixes traditional Latin dance moves and rhythms with a modern twist. Dance your way to fitness. You will never have so much fun working out.

Staff 16 wks Elite Fitness
Mon., 6 pm #2423 A; Jan 30
Fri., 9:30 am #2423 B; Feb 3
Resident \$ 80 Non-resident \$ 85



Adult Hoop #2424

Join us for an adult beginner hoop class. This is not our mama's hula hoop, not your child's toy. A hoop made for you--for fitness and self expression. You will learn to keep the hoop up and many tricks and dance techniques that will be fun while giving your body a complete workout. Hoops are weighted for easier hooping and fitness. Hoops will be provided but are available for purchase for practice at home for \$ 20. **Senior discount not applicable.**

R. Weiss HHS Cafeteria
Mon., 6:15-7:15 pm Jan 30 8 wks
Resident \$ 90 Non-resident \$ 95

Pilates Mat #2416

Pilates improves your mental and physical well-being, increases flexibility and strengthens muscles. Pilates uses controlled movements to tone and strengthen the body. Each class will encompass the six principles: concentration, control, centering, fluidity of movement, precision and breathing. Beginners start with basic exercises and build up to include additional exercises and more advanced positioning. All levels welcome. Please wear comfortable/unrestricted clothing. Bring yoga mat to class.

S. Viglione HHS Cafeteria
Thurs., 6:15-7:15 pm Feb 2 14 wks
Resident \$ 80 Non-resident \$ 85

Yoga Flow #2419

Designed with the beginner in mind, this class will introduce yoga poses and healthy alignment. You will practice standing and seated poses, sun salutations and breathing synchronized movement. You will move from one pose to the next with an inhale or exhale. Expect movement, not just stretching. This class is great for stress relief, improving fitness, as well as relaxation. Bring bottled water and a yoga mat. **Senior discount not applicable.**

D. Stanton-Holmes HHS Cafeteria
Wed., 7:30-8:30 pm Feb 1 8 wks
Resident \$ 90 Non-resident \$ 95

FITNESS

Authentic TaijiQuan (Tai-Chi) #2411

TaijiQuan taught traditionally by an experienced teacher practicing for over 20 years. Class will consist of warm-ups, QiGong, form and application. Bring water and wear comfortable clothing and footwear.

B. Banick HHS rm C109
 Tues., 7:15-8:15 pm Jan 31 14 wks
 Resident \$ 140 Non- resident \$ 145

Full Figure Beginner ViniYoga #2417

Out of shape? Plus size? This challenging class is designed especially for you. Open to both women and men of plus-size, this class is best suited to those able to move up/ down from a sitting or kneeling position on the floor. We will enhance flexibility, strength, balance and increase body and breath awareness. Wear loose, comfortable clothing and please have your doctor's permission to exercise. There is no weight requirement-just be aware that these classes are meant for those who are plus size or close to it. Bring a yoga mat, towel and water.

K. Kroopman Your Community Yoga Ctr.
 Wed., 7:30-8:45 pm Feb 1 8 wks
 Resident \$96 Non- resident \$ 101

Hot Vinyasa Flow Yoga #2421

A heated (to 80 degrees) breath-synchronized yoga class that will use sun salutations and other combined asanas to create a smooth flowing practice. You will be inspired and challenged to reach your next level of fitness. Through building internal heat, the detoxifying effects purify your body and mind. Bring a yoga mat and towel.

Staff 8 wks Your Community Yoga Ctr.
 Mon., 6-7:15 pm #2421 A; Jan 30
 Tues., 7:15-8:30 pm #2421 B; Jan 31
 Wed., 6-7:15 pm #2421 C; Feb 1
 Wed., 9:15-10:15 am #2421 D; Feb 1
 Thurs., 7:15-8:30 pm #2421 E; Feb 2
 Fri., 4:45-5:45 pm #2421 F; Feb 3
 Sat., 8:30-9:45 am #2421 G; Feb 4
 Resident \$96 Non- resident \$ 101

Rusty Hinges (Gentle Yoga) #2407

Are you new to yoga? Or hesitant to try it? Do you have arthritic joints? Or have you had an injury? Here is a gentle way that eases you in and helps with healing. Bring a yoga mat, towel and water.

S.Bergmans 8 wks Your Comm.Yoga Ctr.
 Tues., 10-11:20 am #2407 A; Jan 31
 Thurs., 10-11:20 am #2407 B; Feb 2
 Resident \$96 Non- resident \$ 101

Beginner I Yoga #2428

These courses are designed for new beginners but contain a great deal of information that will interest all practitioners. The first few weeks are about letting go. Releasing tension in the back and hips, lengthening the hamstrings, opening up dormant areas of the body and building internal awareness and connection. The physical practice will focus on alignment and form in standing poses with a few seated and supine poses. Breathing techniques will be used to expand the lung capacity, balance the breath and connect breath to movement. Bring yoga mat, towel and water.

Staff 8 wks Your Community Yoga Ctr.
 Mon., 4:30-5:30 pm #2428 A; Jan 30
 Tues., 7:15-8:35 pm #2428 B; Jan 31
 Thurs., 4:30-5:30 pm #2428 C; Feb 2
 Thurs., 5:40- 7 pm #2428 D; Feb 2
 Fri., 9-10:20 am #2428 E; Feb 3
 Sat.,10-11:20 am #2428 F; Feb 4
 Resident \$96 Non- resident \$ 101



Early Morning Hatha Yoga #2422

Start your day out right with a good stretch and a calm mind. Hatha Yoga - yoga that brings union "of the pairs of opposites" - focuses on being present while using one's breath to guide movement in a manner that will purify, balance, and prepare the body, mind, and soul for expanded awareness. Bring yoga mat, towel and water.

Staff 8wks Your Community Yoga Ctr.
 Mon., 6:30-7:30 am #2422 A; Jan 30
 Tues., 6:30-7:30 am #2422 B; Jan 31
 Wed., 6:30-7:30 am #2422 C; Feb 1
 Thurs., 6:30-7:30 am #2422 D; Feb 2
 Fri., 6:30-7:30 am #2422 E; Feb 3
 Resident \$96 Non- resident \$ 101

NEW Para Yoga Intermediate #2415

Looking for a deeper practice? Experience vibrant joy and natural peace in a class designed to increase strength, flexibility, energy and stillness. Classes include postures and breath work, and end with relaxation, visualization and meditation. Minimum 1 year yoga experience. Bring yoga mat, towel and water.

S. Neufeld 8 wks Your Community Yoga Ctr.
 Mon., 5:30-6:50 pm #2415 A; Jan 30
 Thurs., 5:40-7 pm #2415 B; Feb 2
 Resident \$96 Non- resident \$ 101

NEW Kundalini Yoga & Gong Meditation #2425

Evening starts with stimulating Kundalini Yoga followed by an extended deep relaxation seated in a chair or lying on the floor. You will experience therapeutic meditative gong vibrations as they wash over you. Gong vibrations elevate awareness and help to rebalance your physical, emotional and spiritual bodies. **Senior fee not applicable.**

Staff 1 session Your Community Yoga Ctr.
 Fri., 7-9 pm #2425 A; Feb 10
 Fri., 7-9 pm #2425 B; March 9
 Fri., 7-9 pm #2425 C; April 6
 Fri., 7-9 pm #2425 D; May 4
 Resident \$ 22 Non- resident \$ 27

FINANCE

NEW

Join the Financially Secure #2105

Would you like to be a member of the financially secure? Join us to learn how to grow and protect your wealth without worrying about the markets or tying your funds up in annuities. After attending this program you will be among the few people who know how to use the same tools the banks and the wealthy use. Imagine being able to increase your wealth by financing your next car, boat, home improvement or even your kids college education.

D. Mautte HHS rm D210
Thurs., 7-9 pm March 8 2 wks
Resident \$32 Non-resident \$37

Successful Money Management #2112

Make your money work for you! Learn the basics of financial planning, investing, lowering your taxes, retirement planning, proper use of insurance, and estate planning techniques. People from all income levels and occupations will benefit from this informative and fast moving course.

C. Gavin HHS rm D206
Tues., 7-9 pm March 13 3 wks
Resident \$40 Non-resident \$40

NEW

Women, Money & Power: Take Control of Your Financial Future #2114

Women are more financially empowered than ever before. Learn why women need a financial strategy. Understand "Who you are" financially. Find out which of the five financial personality types most closely fit you. Discover which life-defining events are impacting you and learn more about the "Sandwich Generation".

C. Corniello HHS rm D215
Tues., 6:30-8:30 pm March 13 2 wks
Resident \$32 Non-resident \$37

Seniors 62 and older are entitled to a 20% discount on all courses except single session classes and bus trips.

Learning How to Retire Smart #2106

An insightful look at the decisions made both pre and post retirement. What to look forward to and anticipate in retirement calculations. This is a generic open class designed to enjoy.

J. Marino HHS rm D210
Tues., 6:45-8:45 pm April 24 1 session
Resident \$22 Non-resident \$27

Understanding the Different Types of Retirement Plans #2110

Come learn about the various ways in which a retirement account can be invested while managing risks. If you are in the accumulation stage of retirement, then learn which accounts can be an effective option when combating a volatile equity market. Next, learn how to obtain a reasonable rate of return in order to potentially outpace inflation. Find out how to save on taxes, so that you don't pay more than your fair share. If you are in the distribution stage of your retirement, learn how to efficiently turn your nest egg into monthly checks with possible increases annually. Finally, you will gain knowledge as to which accounts offer the potential to grow your money while protecting your principal.

C. Corniello HHS rm D211
Thurs., 6:30-8:30 pm Feb 9 2 wks
Resident \$32 Non-resident \$37

2011: Retirement Realities #2107

Confused about the current events and how we got here? Worried about your retirement nest egg and how to protect it? The presentation is current-events based and covers the hot topics impacting the economy. It reviews the obstacles facing boomers preparing for their retirement. It is sprinkled with humor and will be entertaining, as well as informative. Strategies on how to protect your assets are covered in generic terms and no specific company product is mentioned or endorsed. Mr. Brueckner has 21 years experience in the financial industry and will provide an informative, fact filled review of the issues confronting boomers and retirees in retirement.

S. Brueckner 1 session HHS rm D212
Thurs., 7-9 pm #2107 A; Feb 16
Thurs., 7-9 pm #2107 B; March 15
Thurs., 7-9 pm #2107 C; April 12
Resident \$22 Non-resident \$27

NEW

Divorce: Smart, Financial Strategies #1121

The course is designed to provide the financial guidance you need to protect yourself during and after divorce. Topics such as: "Should I keep the house?", "How much alimony do I really need?", "What about taxes, the 401k, our children's college education?", are covered. In divorce, you only get one chance to divide the marital property; you need to be sure it is done right. What looks like a good settlement today, could leave you broke in the future. This course provides a road map to your long term financial security.

A. Abrahamson HHS rm D209
Tues., 6:30-8 pm March 13 2 wks
Resident \$32 Non-resident \$37



**Hamden Public School buildings and grounds are SMOKE FREE
Board Policy P-1331 adopted
11/12/97**

CPR/SAFETY

Adult, Child and Infant CPR #2006

Learn how to reduce the risk of death or injury by properly recognizing breathing and cardiac emergencies and by learning the proper way to administer appropriate CPR measures to victims of all ages. Certificate and materials included.

M. Woliver HHS rm C107
Wed., 6-10 pm April 4 1 session
Resident \$60 Non-resident \$65

Babysitter's Training #2007

The purpose of the American Red Cross Babysitter's Training course is to provide individuals, ages 11 to 15, with the information and skills necessary to provide safe and responsible care for children in the absence of parents or adult guardians. This training will help participants develop skills in leadership and professionalism, safety and safe play, basic care and first aid. Certificate and materials included.

M. Woliver HHS rm D107
Sat., 9 am-12:30 pm March 24 2 wks
Resident \$45 Non-resident \$50



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Pet First Aid & CPR #2009

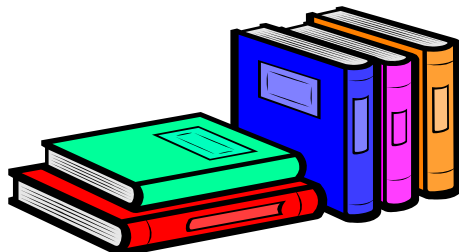
What would you do if your dog choked on a piece of rawhide? What if your cat had a seizure? Thousands of pets are injured and die every year from preventable accidents. Our Pet First Aid & CPR program is a four hour course that will cover pet CPR, rescue breathing, choking management, muzzling/restraining your pet, bleeding protocols, wellness assessment, heat injuries, poisoning, bites, stings and injury assessment.

Knowing the skills and techniques of pet first aid can mean the difference between life and death for your pet. This class is perfect for pet owners and pet professionals. You will be taught by lecture, demonstration and hands-on skill practice for maximum retention. Material fee of \$20 payable at first class.

A. Richards & J. Hoffman HHS rm D109
Tues., 6:30-8:30 pm March 13 2 wks
Resident \$69 Non-resident \$74



Register Early
Nothing cancels a good class quicker than everyone waiting until the last minute to register. If there are not enough registrations by the week before the class, it may be cancelled. So please register early!



About Boating Safety #1003

Learn boating safety at a USCG basic boating course. This class fulfills the requirements for the CT Boating Certificate. Upon completion of a test you will be qualified for a CT Personal Watercraft Certificate. Topics covered are: know your boat, before you get underway, a general introduction to navigating the waterways, general description of operating your boat, legal requirements of boating, emergencies-what to do and enjoying your boat.

USCG Auxiliary Staff HHS D 109
Mon, 6:30-9:30 pm March 19 3 wks
Resident \$60 Non-resident \$65

Piloting and Charting #1002

Piloting and Charting is the first of three courses on navigation. This course covers the basics of coastal and inland navigation. The course focuses on traditional techniques so the student will be able to find their way even if their GPS fails. The course includes many in-class exercises. This develops the students' skill through hands on practice. A sample of the topics covered are charts and their interpretation, plotting courses, determining direction and distance and more.

USCG Auxiliary Staff HHS D 109
Mon, 6-9 pm April 9 3 wks
Resident \$60 Non-resident \$65

CULTURAL ENRICHMENT

Bridge: Back to Basics- Competitive Bidding

#1904

This 10 week course covers the information needed when both partnerships are bidding. Class will be taught on an intermediate/advance level.

R. Brieger Miller Senior Center
Wed., 10-12 noon Feb 1 10 wks
Resident \$90 Non-resident \$95

Beginning Bridge

#1902

This eight week course covers the fundamentals of the game of bridge. The three aspects of bidding, play and defense will be studied. Start at the beginning and learn the mechanics of a game which will provide a lifetime of enjoyment. No prior knowledge of the game is required for this class.

W. Frieden Whitney Center
Thurs., 10-12 noon March 1 8 wks
Resident \$80 Non-resident \$85



Astrology & Numerology in Tarot Spreads

#1221

Astrology and Numerology are built into

the structure of the 78 Tarot cards. Learning how to apply those correspondences adds another layer of meaning to each card. In this 8-week class, you will focus on designing your own spreads first and then incorporate Astrology and Numerology into the reading. As the class progresses, you will start to use astrological and numerological spreads as models for developing a practical understanding of them. In the last weeks, you will learn how to actively use Astrology and Numerology in the design of a spread and throughout the reading. Finally, see how your interpretation develops holistically as your understanding of Astrology and Numerology deepens. Bring a 3-ring binder and a 78 card Tarot deck.

L. Morrison HHS rm D212
Tues., 7-9 pm March 6 8 wks
Resident \$75 Non-resident \$80

Art and Architecture of the Grail

#1212

Embark on a 5-week journey through the artistic landscapes of Great Britain, France, Jerusalem, Italy and Germany to uncover the legend of the Holy Grail. Discover the unique Grail myths that developed in each of these lands. Learn about the origins of the Grail, King Arthur, Maiden of the Well, the Crusades, Middle Ages & Renaissance, as well as centuries of cross fertilization between East and West through the color, image and form of art and architecture.

L. Morrison HHS rm D209
Thurs., 7-9 pm April 26 5 wks
Resident \$64 Non-resident \$69

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How Meteorologists Make the Forecast

#1120

This is an insiders look at how the weather forecast is made. Have you ever wondered how those people on TV make the weather forecast? In this class you will learn the history of how weather forecasting has evolved from looking at the signs of nature into the amazing science it is today. With the development of a world wide weather monitoring system, super computers, satellites and ocean observation networks, we have made the forecast much more accurate and dependable. Even with all these advancements, the forecast can still go wrong and I will show you why. You will never look at a television weather forecast the same way again.

A. Horn HHS rm D 211
Mon., 6:30-8:30 pm March 5 1 session
Resident \$27 Non-resident \$32

The Modern Vampire

#1201

In this class we will be discussing the modern view of vampires beginning with Bram Stoker's Dracula to the present through film, art and literature. Today's vampires show us a reflection of who we are and how our ideas about them have evolved as we do. Come and add depth to your own understanding of the modern vampire.

H. Morrison HHS rm D208
Thurs., 7-9 pm April 5 5 wks
Resident \$64 Non-resident \$69

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Hamden Adult Education
203.407.2028
203.407.2056 (FAX)

lgallicchio@hamden.org

BUS TRIPS



All You Can Eat Lobster

Bountiful Seafood Buffet

Flanders Restaurant

East Lyme, CT

Mohegan Sun with casino bonus!

Flanders Restaurant, family owned since 1983, was started in a renovated single family house that has become a favorite spot known for the finest seafood in the area. We will enjoy an all you can eat buffet consisting of: fresh steamed lobster, steamed shrimp, fried shrimp, fish filet, BBQ chicken, catch of the day, Steak Teriyaki, Seafood pasta, beef ribs, vegetables, potatoes, rice, salads, a variety of fresh home made pastries, ice cream and coffee or tea.

We continue on to Mohegan Sun where you will receive a Casino Bonus - for example: \$ 10 food coupon, \$ 5 Keno or \$ 5 Match Play. We will spend 5 hour at the Casino.

#1206 Saturday, March 31st \$ 105

Bus leaves Hamden High School promptly at 10:15 am and we will return approximately 7:30 pm.

Please note: No refunds will be issued for this trip after March 9th.

A Taste of Manhattan 2! Old and Soon to be New Favorite Spot

Zabar's Foods *** Eataly *** Chinatown **** Little Italy
Here's a chance to visit 4 Manhattan Food
"Hot Spots" all in one fun day!



Your Motorcoach will stop in each neighborhood and give you time to shop and sample your favorites.

*Upper West Side-Zabar's: Gourmet Market, cheeses, breads, meats, speciality cuisine, cooking gadgets, international food and drinks.

*Eataly: New York City's newest attraction! A wonderful Italian marketplace located on 5th Avenue in lower Manhattan. Enjoy many Italian delicacies from Pasta to Gelato, Pizza to Pastry. Lots of choices and plenty of places to relax and savor the cuisine.

*Chinatown: Interesting markets here with Asian products. Bring home wonderful ingredients for those homemade dishes.

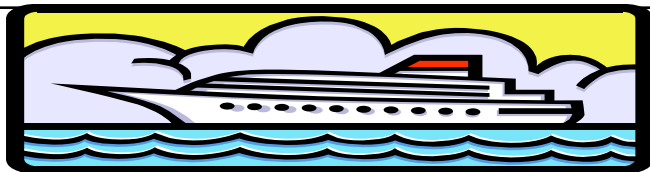
*Little Italy-Ferrara Bakery & Cafe: Cannoli, Stogliatelle, gelati, lattes, espressos, biscotti.....Delicious!

#1203 Saturday, April 28th \$ 65

Bus leaves Hamden High School promptly at 8:00 am and we will return approximately 6:30 pm.

Please note: No refunds will be issued for this trip after April 5th.

BUS TRIPS



Circle Line Cruises

Sail on a 3 hour narrated sightseeing cruise around Manhattan

Board the Circle Line and enjoy a three (3) hour cruise.

We will see 7 major bridges, 5 boroughs, 25+ world renowned landmarks and a magnificent close-up of the Statue of Liberty. Enjoy Circle Line's live narration about the legends and lore of Manhattan Island, the "city that never sleeps". We will have free time in the morning in Little Italy followed by lunch at SPQR, a restaurant in Little Italy.

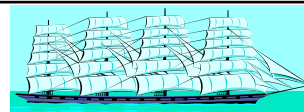
#1205 Sat., May 19th \$ 105 (\$90 for child 6-12 yrs)

Bus leaves Hamden High School promptly at 8:00 am and we will return approximately 7:30pm.

Please note: No refunds will be issued for this trip after April 27th.

Tall Ships & the US Navy

Come to Boston for a Star Spangled Celebration.....



Tall Ships and Navy Vessels from across the world are coming to Boston to mark the bicentennial of the War of 1812 and the role the Constitution played in the conflict!

Come aboard the lovely Provincetown II for an outstanding 80 minute close-up Narrated Cruise through Boston Harbor. Tall Ships will be staged throughout the Port and along the Historic Wharves. We will have lunch at Maggiano's Little Italy. Their outstanding family style menu includes: appetizers, salad, pasta, main entrees, Italian desserts and beverage.

#1207 Sunday, July 1 \$ 110

Bus leaves Hamden High School promptly at 8:00 am and we will return approximately 7:00 pm.

Please note: No refunds will be issued for this trip after June 8th.



Penn Dutch

Dinner with an Amish Family * LONGWOOD GARDENS *
Production of JONAH

Day 1: We're bound for Lancaster, PA, the heart of Amish Country. Explore **LONGWOOD GARDENS**, the renowned de Pont Estate. Over 40 indoor/outdoor gardens, conservatory, dancing fountains and great gift shops. Spend 2 nights at the **HERITAGE HOTEL**, a full service property featuring restaurant, bar, fitness room and outdoor pool. Welcome dinner tonight at **MILLERS SMORGASBORD**.

Day 2: This morning join our local guide for a guided **AMISH COUNTRYSIDE TOUR** as we drive through the farmlands and learn about their way of life. Explore **KITCHEN KETTLE VILLAGE** with lunch on your own - 42 shops and restaurants jammed full of Lancaster County's simple pleasures. This afternoon we have reserved seats at the **MILLENNIUM THEATRE** for their brand new production "**JONAH**". Set sail on a fantastic journey with one of the Bible's most colorful prophets. This lively, exhilarating musical delivers powerful themes of love, mercy, obedience and second chances! Tonight we **DINE WITH THE AMISH** at the **HERSHEY FARM RESTAURANT**. Enjoy a traditional PA Dutch family-meal with a local Amish family. Hear personal stories about their way of life, farming, their children's schooling, their beliefs and customs, and how they interact with the modern world.

Day 3: This morning we're invited to **VISIT THE AMISH FARM** with our new Amish friends, to see first hand their way of life by touring their farm, home, woodshop and visiting with their animals. We head for home with so many special Amish memories.

Cancellation Policy: If a passenger cancels from deposit date to June 5, fee of \$ 75 pp; June 6-July 30, fee of \$ 200 pp; no refunds if cancelled after July 3, unless a substitute is provided. Trip cancellation insurance is available. Call Hamden Adult Education for more information.

Deposit: \$ 150 pp by April 24th

Final Payment: May 29th

#1204 Tuesday-Thursday, July 17th-19th

\$ 399 pp twin/triple, \$ 499 pp single

SENIOR OFFERINGS

Our Refund Policy

- If Hamden Adult Education cancels a course all tuition will be refunded.
- If Hamden Adult Education receives a written refund request one week prior to the first class, all tuition will be refunded minus a \$ 15 processing fee.
- Tuition credit minus a \$ 15 processing fee will be issued if a written refund request is received prior to the second class.
- No refunds or credits thereafter.
- Bus trip refunds must be requested as noted under each trip.
- All refunds for credit card transactions processed over 90 days past the original transaction will be in the form of a credit voucher] or check.

Searching for Talent

Hamden Adult Education is continually striving to offer courses of interest to the community. We are also looking for people to teach these courses.

Hamden is fortunate to have a wealth of talented citizens. Persons with specialized skills and interests are invited to share their talents with the community. If you are interested in joining our staff, please contact:

LuAnn Gallicchio
Hamden Adult Education
203.407.2028
203.407.2056 (fax)
lgallicchio@hamden.org

AARP Driver Safety #1001

This one-day, 4 hour course is primarily for seniors 50 years of age and older, but is open to anyone with a drivers license. It offers valuable information concerning: right of way, tailgaters, aggressive drivers, road rage, car crime and more. A certificate of completion for seniors can result in a minimum of a 5% discount on their auto liability insurance. **Registration by mail or walk-in prior to class. Please include a \$ 12 check for AARP members or a \$ 14 check for non-members payable to AARP for each enrollee.** Bring a **driver's license** to class.

Staff 1 session HHS rm A112
Tues., 6-10 pm #1001 A; Feb 7
Tues., 6-10 pm #1001 B; March 13
Tues., 6-10 pm #1001 C; April 10



Oil Painting Workshop for Seniors #1813

Bring your own project to this workshop. Mr. Teixeira will be available to support and guide you. **Participants must use odorless turpentine and bring a container for disposal.**

E. Teixeira Miller Senior Center
Thurs., 10-12 noon Feb 2 8 wks
Hamden Sen. Cit. Free Non-resident \$80

Seniors 62 and older are entitled to a 20% discount on all courses except single session classes and bus trips.

COMPUTER CLASSES FOR SENIOR CITIZENS "WINDOWS TO THE WORLD"

Computer Basics for Beginners

If you want to learn what computers are, how they work and how to use one, then sign up for class. You will learn the basics in order to start using a computer. You will also be introduced to the Internet.

Intermediate

For seniors who have finished the Beginners and have had an assessment determining they are ready to explore more benefits and features of the computer and the web.

Exploring the Internet/Email

Now that you completed your basic course, you can learn how to use the Internet including sending and receiving emails, "surfing" the net, and special sites for seniors.

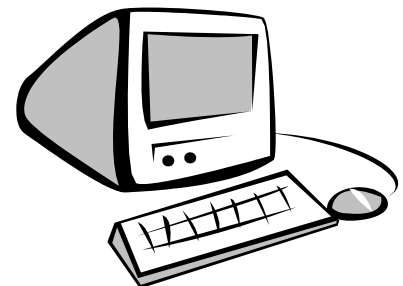
Course fee is \$ 15 for Hamden Senior citizens with ID which includes a memory stick for new students to beginners. \$ 25 for non senior residents. Checks only!

Drop In Lab

You can practice, ask questions, and work on your own projects.

The computer lab is located at the Miller Senior Center.

If you are interested in signing up for a class call 203.287.2547.



INSTRUCTOR-FACILITATED ONLINE LEARNING

WELCOME

Our instructor-facilitated online courses are informative, fun, convenient, and highly interactive.

All courses run for six weeks (with a two-week grace period at the end). Courses are project-oriented and include lessons, quizzes, hands-on assignments, discussion areas, supplementary links, and more. You can complete any of these courses entirely from your home or office and at any time of the day or night.

How to Get Started:

1. Visit our Online Instruction Center:

www.ed2go.com/hamden

2. Click the **Courses** link, choose the department and course title you are interested in and select the **Enroll Now** button. Follow the instructions to enroll and pay for your course. Here you will enter your e-mail and choose a password that will grant you access to the classroom.

3. When your course starts, return to our Online Instruction Center and click the **Classroom** link. To begin your studies, simply log in with your e-mail and the password you selected during enrollment.

Start Dates:

A new section of every course in the catalog will begin on **January 18, February 15, March 21, April 18, May 16, June 20, July 18, August 15.**

Requirements:

All courses require Internet access, e-mail, the Netscape Navigator, or the Microsoft Internet Explorer web browsers. Some courses may have additional requirements. Visit our Online Instruction Center for more information.



ACCOUNTING & FINANCE

Accounting Fundamentals

Gain a marketable new skill by learning the basics of double entry bookkeeping, financial reporting, and more. **\$94**

Personal Finance

Protect your assets and discover how best to achieve all your financial goals. **\$94**

Keys to Successful Money Management

Certified financial planner shows you how most wealthy people build their fortunes. **\$94**

Protect Your Money, Credit and Identify

Learn how to guard against scam artists, identity thieves, predatory lenders, and abusive debt collectors. **\$94**

Introduction to Microsoft Excel 2010

Become proficient in using Microsoft Excel 2010 and discover dozens of shortcuts and tricks for setting up fully formatted worksheets quickly and efficiently. **\$94**

Introduction to QuickBooks 2010

Learn how to quickly and efficiently gain control over the financial aspects of your business. **\$94**

Introduction to Crystal Reports 10

Make the points you want to make by converting raw database or accounting information into impressive and meaningful reports. **\$94**

Introduction to Stock Options

Learn how stock options can protect your portfolio and help you profit in any type of market. **\$94**

Real Estate Investing

Build and protect your wealth by investing in real estate. **\$94**

BUSINESS

Achieving Top Search Engine Positions

Learn proven, step-by-step strategies to achieve the highest possible position with the major search engines. **\$94**

Introduction to Business Analysis

Learn powerful techniques to improve your decision-making skills at work. **\$94**

Fundamentals of Supervision and Management

Learn the people skills required to motivate and delegate, and learn tools for solving problems and resolving conflicts. **\$94**

Introduction to Business Analysis

Learn powerful techniques to improve your decision-making skills at work. **\$94**

Administrative Assistant Fundamentals

Prepare to take advantage of the many new job opportunities in health care, legal services and other industries. **\$94**

Keys to Effective Communication

Lost for words? Don't be! Learn to build rapport, trust, warmth, and respect through conversation. **\$94**

Marketing Your Business on the Internet

Develop an internet marketing plan for your business that incorporates SEO, advertising, email, social media and more. **\$94**

Leadership

Gain the respect and admiration of others, exert more control over your destiny, and enjoy success in your professional and personal life. **\$94**

Six Sigma: Total Quality Fundamentals

Learn the basics of total quality management. **\$94**

SEVERAL NEW COURSES LAUNCH EVERY MONTH! VISIT ED2GO.COM/HAMDEN TO LEARN MORE

INSTRUCTOR-FACILITATED ONLINE LEARNING

COMPUTER APPLICATIONS

Intro to Microsoft Word 2007

Learn how to create and modify documents with the world's most popular word processor. **\$94**

Intro to Microsoft PowerPoint 2007

Learn how to use Microsoft PowerPoint 2007 to create impressive, professional-looking slide presentations. **\$94**

Intro to InDesign CS4

Learn how to use Adobe InDesign software to design and produce professional quality letterhead, brochures, newsletters, business cards and more. **\$94**

Making Movies with Windows XP

Turn your home videos into entertaining movies that you can share with others by e-mail, the Web, CD and DVD. **\$94**

Introduction to Adobe Acrobat 9

Create PDF documents and more with Adobe Acrobat 9 Pro and learn to use many of the software's time and cost saving features. **\$94**

What's New In Microsoft Office 2007

Learn the most important new features of Microsoft Office Word, Excel, PowerPoint, and Access 2007, including the totally new Ribbon and tab user interface that replaces menus and tool bars from earlier versions. **\$94**

Introduction to Photoshop CS5

Learn how to use Adobe Photoshop CS5, the world's best graphic program, to edit and process photos and create original images. **\$94**

Intro to Microsoft Access 2007

Learn how Microsoft's powerful database can help you store and manage information you've collected about your business, home or community. **\$94**

DESIGN & COMPOSITION

Discover Digital Photography

An informative introduction to the fascinating world of digital photography equipment. **\$94**

Photoshop CS5 for the Digital Photographer

Learn how to use Adobe Photoshop CS5 to edit and enhance your photographic images. **\$94**

Photographing Nature with Your Digital Camera

Learn how to use your digital camera to take stunning nature photos, including landscapes, flowers, animals and even macro shorts. **\$94**

Designing Effective Websites

Learn powerful graphic design techniques and build Web sites that are both attractive and wickedly effective. **\$94**

HEALTH CARE & MEDICAL

Explore a Career in Medical Coding

Learn how to use the CPT manual and the ICD-9-CM to find medical codes for any disease, condition, treatment or surgical procedure. **\$94**

Explore a Career as a Pharmacy Tech

Master the skills that will prepare you for an entry-level position as a pharmacy tech or clerk, and discover the steps you can take to become a Certified Pharmacy Technician (CPhT). **\$94**

Become a Veterinary Assistant

Practicing veterinarian prepares you to work in a veterinary office or hospital. **\$94**

Intro to Natural Health & Healing

Learn how to promote wellness, balance and health in all aspects of your daily life. **\$94**

LANGUAGE & ART

Introduction to Interior Design

Explore a career in interior design as you learn how to transform any room into a beautiful and functional space. **\$94**

Start Your Own Arts and Crafts Business

Learn how to start your own arts and crafts business from a professional artist. **\$94**

Speed Spanish

Learn six easy recipes to glue Spanish words together into sentences, and you will be engaging in conversational Spanish in no time. **\$94**

Spanish for Medical Professionals

Learn medical Spanish quickly and easily, honing your basic conversational skills and mastering key healthcare words and phrases. **\$94**

LEGAL & LAW

Legal Terminology

Find out if a paralegal career is the perfect choice for you, as you explore the fundamentals of U.S. law and legal terminology. **\$94**

Real Estate Law

Learn the basics of real estate law, including investing, title searching and mortgages. **\$94**

Workers Law

Gain essential skills and a solid understanding of one of the fastest-growing areas in law. **\$94**

Employment Law Fundamentals

Learn the basics of employment law so you can legally hire, evaluate and manage employees. **\$94**

SEVERAL NEW COURSES LAUNCH EVERY MONTH! VISIT ED2GO.COM/HAMDEN TO LEARN MORE

INSTRUCTOR-FACILITATED ONLINE LEARNING

PERSONAL DEVELOPMENT

Interpersonal Communication

Become aware of the conscious and unconscious codes of meaning we send when communicating with others. **\$ 94**

Learn to Buy & Sell on eBay

Auction pros teach you how to work from home or earn extra income by buying and selling goods online. **\$ 94**

Twelve Steps to a Successful Job Search

World-renowned author and career advisor shows you how to get the job you want quickly and easily and in any economy. **\$ 94**

Lose Weight and Keep It Off

Discover how to establish a healthy approach to successful weight loss and weight maintenance for a lifetime. **\$ 94**

Going Green at Home

Step into a green lifestyle as you discover simple, cost-effective ways to make your home environmentally friendly. **\$ 94**

WRITING & PUBLISHING

Writing Essentials

Master the essentials of writing so you can excel at business communications, express yourself clearly online and take your creative literary talents to a new level. **\$ 94**

Resume Writing Workshop

Discover the secret to transforming your tired, boring resume into a powerful tool that will get you interviews. **\$ 94**

Writing Effective Grant Proposals

Learn to prepare grant proposals that get solid results for your favorite organization or charity. **\$ 94**

Write and Publish Your Nonfiction Book

Become a professional author or advance your career by learning to write, edit and publish nonfiction books of all types. **\$ 94**

TECHNOLOGY

Introduction to Networking

Learn the fundamentals of networking and prepare for a career in a new and fast-growing field. **\$ 94**

Wireless Networking

Industry expert shows you how wireless networking works, as well as how to plan, deploy and connect to wireless networks. **\$ 94**

Keyboarding

Learn how to touch-type or improve your existing typing skills using Keyboarding Pro 5. **\$ 94**

Introduction to PC Troubleshooting

Learn to decipher and solve almost any problem with your PC. **\$ 94**

Introduction to Programming

Take your first steps toward a career as a computer programmer as you master basic programming concepts and get hands-on practice in writing applications containing GUIs, sound, and graphics. **\$ 94**

Introduction to Linux

Learn how to use the Linux desktop operating system along with the included productivity, multimedia and Internet software. **\$ 94**

Introduction of Windows XP

Learn how Windows XP makes it easy to work with text, pictures, audio, video and more. **\$ 94**

Introduction to Perl Programming

Learn a programming skill that will make you a more valuable Web developer or system administrator. **\$ 94**

Introduction to Visual Basic 2008

Learn to create Windows applications using the popular and easy-to-master Visual Basic 2008. **\$ 94**

TEACHING & EDUCATION

Teaching Smarter with SMART Boards

Master the use of SMART Boards and SMART Notebook technology so you can create powerful interactive lessons that capture your students' attention. **\$ 94**

Creating a Classroom Web Site

Learn how to create a classroom Web site and how having one can make you a more effective and dynamic teacher. **\$ 94**

The Classroom Computer

Learn how to use the classroom computer to increase learning and motivate students. **\$ 94**

Guiding Kids on the Internet

Gain confidence and experience so you can help your children discover all the internet has to offer. **\$ 94**

Solving Classroom Discipline Problems

Veteran teacher reveals the secrets to an orderly classroom. A step-by-step approach to effective, positive discipline. **\$ 94**

The Creative Classroom

Enrich your teaching talents and encourage your students' creative thinking as you learn to turn your classroom into a creative classroom. **\$ 94**

Enhancing Language Development in Childhood

Enrich the lives of your children by learning fun and natural ways to help them become proficient speakers and thinkers. **\$ 94**

Integrating Technology in the Classroom

In this professional development course for teachers, you will learn the secrets of technology integration in the classroom, gaining the skills educators need to use, tools such as wikis, podcasts and blogs effectively. **\$ 94**

SEVERAL NEW COURSES LAUNCH EVERY MONTH! VISIT ED2GO.COM/HAMDEN TO LEARN MORE

**HAMDEN ADULT EDUCATION LEARNING LAB
M. L. KEEFE COMMUNITY CENTER
11 PINE STREET - 203.773.9211 EXT. 139
FREE CLASSES**



Adult Basic Education (ABE)

This free course is for adults who want to improve basic reading, writing and math skills. Our classes can help you gain greater self confidence, improve life skills and prepare you to enter a high school completion program. After a brief evaluation we develop a learning plan that will assist you in reaching your goals.

Classes meet Monday and Wednesday
9:00 am - 12:00 pm
6:30 pm - 8:45 pm

GED Prep

Do you want to study for the GED exam? Hamden Adult Ed will help you gain the confidence and skill needed to pass the test.

This class will allow you to take a "practice run". You can prepare for all five areas covered in the GED Exam: math, science, literature, writing skills and social studies. A program will be developed for you to work on your individual needs. Small group instruction can help answer your questions.

The GED Exam is offered monthly at Hamden High School. Once you have completed the prep course and feel you are ready to take the exam, you must register in person at the adult education office.

Classes meet Monday and Wednesday
9:00 am - 12:00 pm
6:30 pm - 8:45 pm

Citizenship

This free class is designed to help you prepare to become a citizen and fulfill all of the immigration and Naturalization Service (INS) requirements. Learn about the culture, history and government of the United States. Discuss the rights, responsibilities and privileges of citizenship. Typical exam questions will be discussed which will help you prepare to pass the written and oral citizenship test for naturalized citizenship.

Classes meet Wednesday
6:30 pm - 8:30 pm

National External Diploma Program - NEDP

The National External Diploma Program (NEDP) provides a unique way for adults to earn a high school diploma. The program allows adults to demonstrate their high school level skills by applying their life experiences in real-life situations.

NEDP awards a traditional high school diploma to adults who have acquired many of their high school level abilities through work, family and community experiences.

This program is free to students who live or work in Hamden or the cooperating towns*. All other individuals are welcome and should call the adult education office for fee schedule. The NEDP is recommended for those at least 21 years of age. For information contact the Hamden Adult Education office at 203.407.2028.

* North Haven, Bethany, Orange, Woodbridge

Registration for all classes at the Keefe Community Center

Tuesday, January 3rd and Wednesday, January 4th
9:00 am or 6:30 pm
Picture I.D. required at time of registration. Plan to spend two hours.
Classes begin Tuesday, January 9th

HAMDEN ADULT EDUCATION LEARNING LAB
M. L. KEEFE COMMUNITY CENTER
11 PINE STREET - 203.773.9211 EXT. 139
FREE CLASSES

English As A Second Language
LEARN TO SPEAK, READ & WRITE ENGLISH

Keefe Community Center

Beginning January 9th, 2012

Morning Classes
Monday and Wednesday
or
Tuesday and Thursday
9:00 am - 12:00 pm

Evening Classes
Tuesday and Thursday
7:00 pm - 9:15 pm

Keefe Registration Dates:
Tues., January 3rd and Wed., January 4th

Church Street School
95 Church Street

Beginning January 10th, 2012

Classes
Tuesday and Thursday
9:00 am - 11:30 am

Registration date:
Thursday, January 5th, 2012

Child care is available at Church Street only
Priority is given to Church Street and
Helen Street families

PREPARING THE 21st CENTURY WORKFORCE

Are you unemployed or underemployed? Looking to change careers but don't know where to start?

Has your lack of computer skills made it difficult for you to find work?

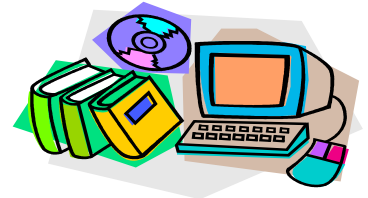
Hamden Adult Education has a **FREE** program that will provide you with the skills necessary to be productive in the 21st century workplace.

Key Components:

- Instruction in computer technology, including Microsoft Word, Excel, PowerPoint, and Publisher
- Prepare a personal resume and write professional cover and thank you letters
- Develop effective interviewing techniques and learn the soft skills that employers value
- Explore careers and match your interests and skills with suitable jobs
- Learn basic employability skills, including business ethics and teamwork
- Work on completing your high school diploma and improve your reading, writing and math abilities

Class meets on Tuesday and Thursday 9:00 am to 12:30 pm

beginning January 10th, 2012



HAMDEN ADULT HIGH SCHOOL PROGRAMS

AT HAMDEN HIGH SCHOOL - ROOM D 102

ADULTS WISHING TO EARN AN ACCREDITED HIGH SCHOOL DIPLOMA HAVE SEVERAL OPTIONS

ADULT HIGH SCHOOL

STUDENTS MUST EARN A
TOTAL OF 22 CREDITS

Adults who did not complete their high school education have the opportunity to earn a high school diploma. Classes are offered in English, Math, Social Studies, and Science on Monday through Thursday evenings. Additional credits may be earned for work experience, independent study and through SDE online courses. The adult high school also collaborates with Gateway Community College for additional credit options.

WALK IN REGISTRATION FOR THE ADULT HIGH SCHOOL DIPLOMA PROGRAM

TERM 1 REGISTRATION
MONDAY, JANUARY 9TH
TUESDAY, JANUARY 10TH
6:30 PM

TERM 1
CLASSES BEGIN
TUESDAY, JANUARY 17TH
6:30 PM

TERM 2 REGISTRATION
MONDAY, MARCH 12TH
6:30 PM

TERM 2
CLASSES BEGIN
TUESDAY, MARCH 20TH
6:30 PM

PLAN TO SPEND ONE HOUR AT TIME OF
REGISTRATION.

CARL MUNGIGUERRA, COORDINATOR
ROBERT AGNESE, COUNSELOR

GED EXAM

HIGH SCHOOL EQUIVALENCY DIPLOMA

The GED exam is offered monthly at Hamden High School. It consists of tests in the following areas: language arts/writing, language arts/reading, math, science and social studies.

Any Connecticut resident who does not have a high school diploma, is at least 17 years old and has formally been withdrawn from school for six months or their high school class has graduated is eligible.

Registration deadline is at least 3 weeks prior to exam, but space is extremely limited at the Hamden site. Individuals are scheduled on a first come-first serve basis. Registering in advance may help but does not guarantee your first choice of test date and/or location. You will be requested to select a second and third choice.

One must register in person at the Hamden Adult Education office. A current **State or Government Photo I.D. and proof of CT residency is required at registration and entrance into exams. A fee of \$ 13 payable by money order or credit card only is required for Examinees 21 years and older.** For more information please call 203.407.2028.

Accommodations on the GED tests are available for qualified individuals with a disability. For more information, contact LuAnn Gallicchio at 203.407-2028. You may also contact Ajit Gopalakrishnan at the Connecticut State Department of Education at 860.807.2125.

GED Prep classes are available at the M. L. Keefe Community Center for those individuals interested in preparing for the GED exam who work or live in Hamden. Residents of other communities should contact their community's adult education program.

Test Dates Mon, Tues. Wed. evenings

January 9, 10, 11, 2012	May 7, 8, 9
February 6, 7, 8	June 4, 5, 6
March 5, 6, 7	July 9, 10, 11
April 9, 10, 11	August 6, 7, 8

Hamden Public School buildings
and grounds are **SMOKE FREE**
Board Policy P-1331 Adopted 11/12/97

SAT PREP/TEENAGE DRIVER EDUCATION

SAT PREP COURSE

This course is designed to help students get their best possible score on the College Board SAT exam, used in the college admissions process. Classes will focus on test-taking strategies, a thorough math and grammar review, tips for writing a high-scoring essay, and computer analysis of SAT practice tests.

Monday
6 - 8:15 pm 8 sessions
Classes begin February 27th
HHS Rm B216
Fee - \$525

VERBAL

Students learn how to:

- Analyze sentence completion questions
- Improve performance on reading comprehension
- Recognize vocabulary words typically seen on the SAT
- Prepare for the student-written essay
- Apply rules of grammar to the writing questions

MATH

Students will learn:

- Math formulas, concepts, and symbols frequently tested on the SAT
- Shortcuts in order to get to the last few questions
- How to do the grid-in questions
- How to analyze strengths and weaknesses in order to develop strategies for improvement

QUESTIONS? CALL 203.235.2195
TEST PREP MENTOR
P. O. BOX 4657
WALLINGFORD, CT 06492

NAME: _____

PHONE: _____

EMAIL: _____

ADDRESS: _____

SCHOOL: _____

GRAD. YEAR: _____

Please mail form and payment to:
Test Prep Mentor or register online at
www.TestPrepMentor.com. Do not send
registrations to Hamden Adult Ed.

Teenage Driver Education

ALL-STAR DRIVER

30 Hours of Classroom and 8 Hours Behind the Wheel

Qualifies You for an Insurance Discount
Dual Controlled Cars - License Testing available on-site

Let us prepare you for licensing with one of our programs offered through
Hamden Adult Ed at Hamden High School.

Monday and Wednesday, January 18, 2012

2:15 pm to 4:15 pm Room A 112

Optional Book is \$ 20

Instructional Package 1:

\$ 450 This fee is for the complete course of 30 HOURS of in class training and 8 HOURS of behind the wheel training.

Instructional Package 2:

\$ 550 This fee is for the complete course of 30 HOURS of in class training and 10 HOURS of behind the wheel training. It is the opinion of this driving school that eight hours is not sufficient to adequately prepare a novice driver; as a result, we offer this 30/10 package at this reduced rate.

Instructional Package 3:

\$ 1,050 This fee is for a complete course of 30 HOURS of in class training and 20 HOURS of behind the wheel training. State Law requires all drivers with their learner's permit to complete 40 hours behind the wheel with an adult before they can test for their license. This program is designed for the student who does not have the opportunity to complete the required hours with a parent or guardian. Option 3 offers 20 hours of instruction with a professional instructor. The student and parent/guardian will only have 20 hours of driving in order to comply with State Law.

Extra Lessons:

\$ 65 Optional fee per hour for any additional behind the wheel training required by students.

Testing Options:

\$ 85 This is an optional service if the student wishes to use our vehicle to test at our facility for their driver's license. Testing is available at select All-Star Driver branches for anyone under the age of 18.

\$ 150 This adult testing option is offered for those over 18 who cannot test at our facility. We will pick you up at your home and drive you to DMV for your license test and bring you home after testing. The \$ 150 covers the first 2 hours. Any overage will be charged at a prorated price.

Additional classes are held on different dates and times
throughout the state including:

Cheshire - Hamden - Orange - West Haven

Call **ALL-STAR DRIVER AT 1.800.732.8090** for more information
or register on-line at www.all-stardriver.com

COLLEGE PLANNING/GATEWAY/LITERACY



The Hamden Board of Education (through Hamden Adult Education), and Gateway Community College have developed a joint program to bring college level courses to the residents of Hamden. **Classes will begin the week of January 20, 2012.** Placement examinations in reading, mathematics and written English are required prior to registration. Mathematics and English credits from an accredited institution of higher education will be reviewed to determine if a waiver from the tests should be granted. The following courses are offered at Hamden High School from 6:45 - 9:45 pm.

CRN	COURSE TITLE	DAY	ROOM
1444	SPA 101 Elementary Spanish I	T	A 206
1595	SPA 102 Elementary Spanish II	M	A 206
1366	MAT 095 Prealgebra-Number Sense, Geom	T	D 214
1053	COM 171 Fund of Human Communication	TH	D 213

Tuition: \$453 per 3-credit class (includes service and student fees)
 Call 203.285.2020 to register, or visit the college website at www.gwcc.commnet.edu

New students must apply to the college before registering for classes. If you're planning to take classes for college credit you will need the following:

1. A completed application form or apply online
2. A copy of your high school transcript, diploma or GED certificate*
3. Proof of immunization for measles, rubella and caricella (chicken pox)
4. \$20 application fee**

*If you are not pursuing a degree you will only need to submit an application and the application fee.

**Fee waived if you attended another CT Community College or if you attended Gateway Community College in the past.

Academic Placement: Once admitted, and before you can register, new students must take the academic placement test in English and Math. This assures placement in the appropriate classes.

Continuing students may register online at my.commnet.edu

Follow the link to online registration. You will need your student identification number to register online. Simply use your birth date as your PIN number and follow the prompts on the screen.

For information regarding applications, tuition and fees, call the Gateway Community College's Admissions office at 203.285.2080. The College reserves the right to cancel those courses for which there is insufficient enrollment.

Positioning for College #2108

Join the leading College Planning organization in Ct for 2 hours filled with specific information you can put immediately to work. As members of the BBB of Ct and Quinnipiac Chamber of Commerce, we seek to help parents develop the best way to pay their share for college. Our tips about positioning your student to obtain the best awards from the colleges of their choice have allowed many parents to afford college without using up their life savings. The information we share is useful for parents of high school sophomores and juniors.

D. Mautte HHS rm D210
 Thurs., 7-9 pm Feb 16 1 session
 Resident \$22 Non-resident \$27

THE CAREER CENTER

Residents of Hamden, especially high school students and their parents, are welcome to explore career and college materials. A career resource specialist will be available to help you navigate the various resources available.

Research:

- Financial Aid
- Careers
- Voc/Tech Schools
- Colleges
- the Job Market

Call Hamden High School at 203.407.2040 for more information.

SEARCHING FOR TALENT

Hamden Adult Education is continually striving to offer courses of interest to the community. We are also looking for people to teach these courses.

Hamden is fortunate to have a wealth of talented citizens. Persons with specialized skills and interests are invited to share their talents with the community. If you are interested in joining our staff, please contact:

LuAnn Gallicchio, Director
 Hamden Adult Education
 203.407.2028
 203.407.2056 (FAX)
lgallicchio@hamden.org

FAMILY LEARNING

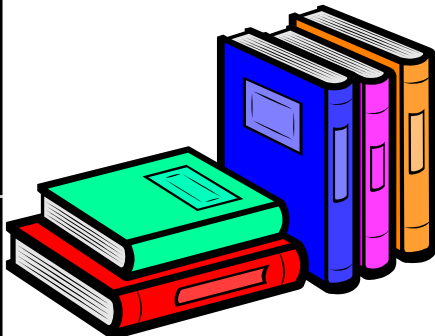
NEW HAVEN READS

Sharing the Power and Joy of Reading

New Haven Reads is a one-on-one tutoring program that serves over 400 students from the Greater New Haven area. Our students come from every school in New Haven, as well as surrounding districts. The program continues to grow and thus our need for volunteer tutors is growing as well. With a waiting list of over 200 students, we are always searching for dependable, enthusiastic adult tutors, willing to make this commitment. Supervision, materials and assistance are all provided. In as little as one hour per week, you CAN make a difference!!

New Haven Reads also serves as a Book Bank for the Greater New Haven area. Books are free to all and last year we distributed over 100,000 free books. This cannot be done without the help of many volunteer hours, so if tutoring is not in your interest, perhaps helping in that area would be.

If you have some time to share with a child or just love books and would like to share that gift, please feel free to contact New Haven Reads at 203.752.1923. We are located at 45 Bristol Street in New Haven. Or contact us at newhavenreads@yahoo.com. You may also check out our website at www.newhavenreads.org.



Call to Register 203.407.2028

THE FAMILY RESOURCE CENTER OF HAMDEN

AT CHURCH STREET SCHOOL
203.407.3111

How the Family Resource Center Can Assist You:

The staff can help you increase your enjoyment of your child and the parenting experience, and increase your ability to detect any developmental delays your child may have.

PROGRAMS FOR YOUNG CHILDREN

- * Drop-in play groups
- * Home visits using the "Parents As Teachers" curriculum
- * Book and toy lending library

PROGRAMS FOR PARENTS AND CHILD CARE PROVIDERS

- * Parenting education workshops
- * English and high school equivalency classes in collaboration with Hamden Adult Education
- * Training and support for home and center based child care providers
- * CPR and first aid training
- * Child care referrals
- * Referrals to agencies and local services
- * Ongoing parenting support groups
- * Access to school readiness program information

VISIT HAMDEN'S PARTNERSHIP FOR YOUNG CHILDREN WEBSITE
WWW.HAMDENKIDS.ORG

Kids in the System: Foster Care and Adoption Myths #2002 FREE

Please join us for a comprehensive overview of the foster care and adoption system in Connecticut. There are too many children in the State of Ct in need of a home. Learn how kids cope with the reality of their displaced lives. Sponsored by the Jewish Family Service in New Haven, foster and adoption resources.

JFS Staff 1 session HHS rm D213
Mon., 6:30-8 pm 2002 A; Feb 6 Free
Mon., 6:30-8 pm 2002 A; April 2 Free

HAMDEN'S PARTNERSHIP FOR YOUNG CHILDREN

VISIT THEM ON THE WEB @

WWW.HAMDENKIDS.ORG

Community members can locate information on family events, links to appropriate resources and enrichment activities for children.

Childcare providers visit the site regularly to check on professional development activities and resources that are available to you.

LITERACY VOLUNTEERS OF GREATER NEW HAVEN

Ever imagine what it would be like if you couldn't read this paragraph-or any paragraph? There are thousands of adults in our area who can't. Literacy Volunteers reaches out to them, providing one-on-one and small group tutoring. If you are interested in becoming a tutor, fill out an application on our website, www.lvagnh.org or call us at 203.776.5899. We offer monthly orientation sessions for new tutors and eight training sessions/year. Tutors are asked to spend 2 hours/week with their students. Most tutors tell us it's the best two hours of their week.

HAMDEN TOWN SERVICES

Elderly Services Coordinator, Suzanne Burbage

Arts & Recreation Director, Mimsie Coleman

Workforce Coordinator, Susan Hutchinson

Hamden Library Director, Robert Gualtieri

Community Services Director, Darlene Butler

Youth Services Coordinator, Susan Rubino

Books.....and so much more

@ your library

Hamden Public Library

www.hamdenlibrary.org

- DVDs, Videos, CDs, Books on tape and CD, Magazines
- Children's Programs
See monthly calendar on hamdenlibrary.org
- Computers for research, job resumes, business plans, homework
- Info Anytime, answers to questions 24/7; follow links at hamdenlibrary.org
- Free or Discounted Passes to Aquariums, Museums, Zoo. (Need a Hamden Public Library card.)

hamdenlibrary.org

Monthly calendar of events; reserve and renew books.

iconn.org

Research and homework help for all ages.

learnatest.com/library

Practice tests and tutorials for GED, SAT, civil service, citizenship, plus e-test books.

Questions? Call 203.287.2680 or info@hamdenlibrary.org

Three locations:

Miller Memorial

2901 Dixwell Avenue

203.287.2680

Brundage Community Branch

91 Circular Avenue

203.287.2675

Whitneyville Branch

125 Carleton Street

203.287.2677

COMMUNITY SERVICES

203.562.5129

Provides a coordinated system of educational and recreational programs and comprehensive social services to assist Hamden residents.

- Hamden Food Bank
- KC's Closet
- Fuel Assistance
- Family Movie Night
- PACK Theater Productions
- Computer Lab
- Jobs, Training & Placement
- KIDSFEST
- Housing Assistance
- Emergency Services
- Holiday Toys
- Camp Scholarships
- Medical Referral & Clinics/WIC
- Case Management & Referral

YOUTH SERVICE BUREAU

203.777.2610

Provides a comprehensive, coordinated system of programs and services for the children and families of Hamden.

- Summer Youth Employment
- Information & Referral
- Substance Abuse Prevention
- Teen Programs
- Youth Center
- Boxing Program
- Community Based Prevention Programs
- Child Care Center:
Ages 3-12 part time/full time
- After School and School Vacation Programs for Middle School Students
- Coalition to Stop Underage Drinking
- Hamden Family Fun Day
- National Night Out
- Youth Forums
- School Supplies
- Babysitting Classes
- Various special events for children and families

PARKS AND RECREATION

General Information 203.287.2579

Recording of Activities 203.287.2588

Brooksvale Park 203.287.2669

Ice Skating Rink 203.287.2610

Swimming Pool 203.287.2588

MILLER SENIOR CENTER PROGRAMS

Providing social and support services to elderly Hamden residents

- aerobics
- bingo
- pinochle
- bridge
- pool
- tai chi
- stroke group
- pokeno
- blood pressure
- movie day
- line dancing
- Mah Jongg
- health counseling
- computer classes

Elderly Outreach 203.287.2691

Transportation 203.288.2885

Miller Center 203.287.2547

Nutrition Site/Cafe 203.287.0057

ADULT DAY CARE

Partnerships Center

for Adult Day Care

203.248.8854

Clelian Adult Day Care Center

203.288.4151

JOB RESOURCE CENTER

Meet with the employment counselor by appointment only.

M.L. Keefe Community Center

11 Pine Street

203.562.5129

For Hamden residents only

REGISTRATION INFORMATION

Eligibility:

Hamden Adult Education programs are open to all residents who are over 17 years of age. Non-residents are welcome to participate in the enrichment program.

Tuition and Fees:

Persons enrolled in Basic Skills, ESOL, GED, American Citizenship and High School Diploma Programs are exempt from tuition. Residents enrolled in enrichment courses must pay the designated fee by check, money order or credit card.

Books and Materials:

Books and materials for all classes requiring same will be acquired by students at their own expense. If supplies are to be purchased prior to class, we recommend you confirm your class before purchasing supplies.

Storm Day Policy:

Adult Education classes are automatically cancelled if Hamden Public Schools are closed during the day. If the weather deteriorates during a scheduled school day necessitating cancelling evening classes, an announcement will be made on Channels 3, 30 and 8 prior to 6:30 pm. If school is delayed, classes at our learning lab at the Keefe Community Center begin at their scheduled time. Check website www.hamdenadulthood.org.

No Smoking:

Hamden Public School buildings and grounds are SMOKE FREE. Board Policy P-1331 adopted 11/12/97.

Our Refund Policy:

- If Hamden Adult Education cancels a course all tuition will be refunded.
- If Hamden Adult Education receives a written refund request one week prior to the first class, all tuition will be refunded minus a \$ 15 processing fee.
- Tuition credit minus a \$ 15 processing fee will be issued if a written refund request is received prior to the second class.
- No refunds or credits thereafter.
- Bus trip refunds must be requested as noted under each trip.
- All refunds for credit card transactions processed over 90 days past the original transaction will be in the form of a credit voucher or check.

Persons with Disabilities:

Anyone who needs assistance to gain access to classrooms, special GED test accommodations or any other accommodations for effective communication should contact LuAnn Gallicchio, Hamden Adult Education (203.407.2028) prior to the event so the necessary accommodations may be provided. The adult education program is committed to making all course offerings accessible, and upon request, this brochure is also available in alternative formats. Questions, concerns or complaints concerning the Americans with Disabilities Act of 1991 should be directed to William McGraw at 203.407.2059.

Gift Certificates:

Certificates may be purchased at the Hamden Adult Office.

Nondiscrimination/Equal Employment/Equal Education Opportunity:

In compliance with regulations of the Office of Civil Rights and with Equal Opportunity practices as determined by state and with federal legislation, the Hamden Board of Education, as a matter of policy, does not knowingly condone discrimination in employment, assignment, program, or services, on the basis of race, gender, color, religion, national origin, age, sexual orientation, disability, or related abilities to perform the duties of the position. For further information contact **Hamden Public Schools** at 203.407.2242.

Senior Citizens: Seniors 62 and older are entitled to a 20% discount on all courses except single session classes and bus trips.

Sexual Harassment:

The Board of Education prohibits sexual harassment or intimidation of its students and employees. Any student or employee who believes he or she has been the subject of discrimination/sexual harassment should contact the district's Equity/Title IX Coordinator, at 203.407.2059.

Class Cancellations:

Any class may be cancelled for insufficient enrollment or for any other reason beyond the control of the Adult Education Director.

Returned Check Policy:

Participants will be charged \$25 for each check returned by the bank.

The Adult Education Program is sponsored by the Hamden Board of Education in compliance with regulations of the State Department of Education and statutes of the State of Connecticut. Adult Education instructors are selected for their expertise in specific areas. However, the Adult Education Program, the Board of Education and the Town of Hamden do not promote the private services of the instructors nor the companies with whom they are associated. The Board of Education and the Town of Hamden disclaim any and all responsibility for any activities participants may pursue based upon information offered or discussions conducted in an adult education class relating to money management, investment options, business options, personal development, parenting, health care, exercise, personal safety or any other subjects. Courses are provided to expand the knowledge and skills of the participants, and as such, the participants are solely responsible as to how this information and knowledge is applied by them.

HAMDEN ADULT EDUCATION REGISTRATION FORM

By Phone

Call 203.407.2028
using Visa, Mastercard
or Discover or by
FAX 203.407.2056



By Mail

Fill out registration form and mail to:
Hamden Adult Education
2040 Dixwell Avenue
Hamden, CT 06514



Walk-In

Adult Education Office
Room D 102
2040 Dixwell Avenue
Hamden, CT 06514



Office Hours

Monday - Friday - 8:00 am - 3:30 pm
Monday - Thursday - 6:30 pm - 9:00 pm

Website

www.hamdenadulthood.org
Available 7 days a week
24 hours a day

Refund Policy

A \$ 15.00 processing fee will be subtracted for any refunds made. Refer to page 29 for our Refund Policy.

Full payment of fees must accompany registration form.

Make checks or money order payable to: **HAMDEN ADULT EDUCATION**

WE DO NOT CONFIRM REGISTRATIONS

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Last Name: _____ First Name: _____

Street: _____ Town: _____ State: _____ Zip: _____

Home Phone: _____ email: _____

Cell/Work Phone: _____ Persons with disabilities: _____ Senior Citizen _____

Visa/MC/Discover _____ Exp. Date: _____ Money Order/Check # _____

Signature _____ (Office Use) Approval: _____

Course #	Course Title	Amount
Total Due		

How did you hear about us? Catalog _____ Web Site _____ Library _____ Other _____

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NO ENRICHMENT CLASSES ON THE FOLLOWING DATES:

HHS Parent/Teacher Conferences.....February 15
Winter Recess.....February 20-24
Good Friday.....April 6
Spring Recess.....April 16-20
HHS Parent/Teacher Conferences.....May 2
Memorial Day.....May 28

**CLASS CANCELLATION
(due to weather)**

Whenever the Hamden Public Schools are closed due to bad weather, Adult Education classes do not meet. If the weather deteriorates during a scheduled school day necessitating cancelling evening classes, an announcement will be made on WFSB (Channel 3), NBC (Channel 30), and WTNH (Channel 8) or visit us online www.hamdenadulthood.org. Cancelled classes will be made up by adding an additional session. If school is delayed, classes at our learning lab at the Keefe Community Center will begin at their scheduled time.

LOCATION OF CLASSES

ALL THINGS MUSICAL
3210 Whitney Avenue

DIANE'S CERAMIC STUDIO
21 Crestway

ELITE FITNESS
23 RACCIO PARK ROAD

HHS
HAMDEN HIGH SCHOOL
2040 DIXWELL AVENUE

MSC
MILLER SENIOR CENTER
2901 DIXWELL AVENUE

MILLER LIBRARY
2901 DIXWELL AVENUE

MLK
M.L. KEEFE COMMUNITY
CENTER
11 PINE STREET

WHITNEY CENTER
200 LEEDER HILL

WHITNEY FLOWERS
2648 WHITNEY AVENUE

**YOUR COMMUNITY YOGA
CENTER**
39 PUTNAM AVENUE

SCHOOL ADMINISTRATION

Superintendent
Frances Rabinowitz
Assistant Superintendent
Marie Jordan-Whitney
Assistant Superintendent
William McGraw

BOARD OF EDUCATION

Michael D'Agostino, Chair
John Keegan, Secretary
Lesley DeNardis
Michael Dolan
Chris Honnen
Myron W. Hul
Bryan Johnson
Adam Sendroff
Valarie Stone

STAFF

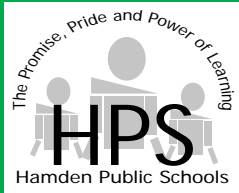
Director
LuAnn Gallicchio
Administrative Secretaries
Violet Plano
Michelle Hurst

OFFICE HOURS

Monday-Friday
8:00 am-3:30 pm

Monday-Thursday evenings
6:30 pm-9:00 pm

**Hamden Public School
buildings and grounds are
SMOKE FREE
Board Policy P-1331 adopted
11/12/97**



Hamden Adult Education
2040 Dixwell Avenue
Hamden, Connecticut 06514

Non-Profit Org.
U.S. Postage
PAID
Permit #157
New Haven, CT

**ECRWSS
Postal Customer**

Arabic

Bookworm and Beads

Color Your World with Watercolor

Join the Financially Secure

Creative Scrapbooking

Ukulele for Beginners

Vegetarian Cooking 101

www.hamdenadulthood.org

Register by Mail - Phone 203.407.2028 - Fax 203.407.2056